East of Wallace

Entdecke die Schätze Ost-Indonesiens - Reisen & Touren für Entdecker 🖾

PACKING LIST Culture & Nature Tour

Clothing

- Light cotton clothing / functional (breathable, moisture wicking) clothing
- Comfortable shoes
- · Swimwear/ diving suit
- Rain jacket

Equipment

- Camera Don't forget spare batteries, charging cable and memory card!
- Power Charger
- Snorkeling equipment
- Sun lotion/ spray, preferably SPF50
- Mosquito spray
- · Swiss army knife

First-aid kit

- Imodium akut* just in case
- Paracetamol* against pain and fever
- · Ibuprofen against headaches and toothaches
- Anti-histamines against allergies
- Malaria prophylaxis
- Panthenol spray* against sunburn
- Plasters
- Wound disinfection spray
- Personal medication
- Please also note the recommendations on the travel page of the German/ your country's Foreign Office.

^{*} This information is not intended as a product advertisement but is intended solely as a guide. It is the personal responsibility of the traveller to make use of the above suggestions - in whole, in part or not at all - according to the individual situation (e. g. if allergies etc. are present).