## East of Wallace

Unlock the Treasures of East Indonesia - Trips & Tours for Explorers

# PACKING LIST

Sulawesi: Toraja Heritage Tour

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## Clothing

- Light cotton clothing / functional (breathable, moisture wicking) clothing
- Comfortable shoes
- · Swimwear/ diving suit
- Rain jacket

#### Equipment

- Camera Don't forget spare batteries, charging cable and memory card!
- Power Charger Diving/ snorkeling equipment
- · Sun lotion/ spray, preferably SPF50
- Mosquito spray
- · Swiss army knife

#### First-aid kit

- Imodium akut\* just in case
- Paracetamol\* against pain and fever
- Ibuprofen\* against headaches and toothaches
- Anti-histamines against allergies
- Malaria prophylaxis
- Panthenol spray\*
  – against sunburn
- Plasters
- Wound disinfection spray
- Personal medication
- Please also note the recommendations on the travel page of the German/ your country's Foreign Office.
- \* This information is not intended as a product advertisement but is intended solely as a guide. It is the personal responsibility of the traveller to make use of the above suggestions in whole, in part or not at all according to the individual situation (e. g. if allergies etc. are present).